

ADULT MIXED THREE-PITCH BASEBALL RULES & REGULATIONS:

Summer 2010 – Version 10.0



BASIC LEAGUE PRINCIPLES:

The Burlington Amateur Sports Leagues Inc. guiding principle is to have fun. This league stresses good sportsmanship, camaraderie and recreation. Players are expected to conduct themselves in a manner conducive with this philosophy and any disputes should be handled amicably at the ball park between the umpires and team captains. **Alcohol and other intoxicants are strictly prohibited at City parks.**

This league follows standard Three Pitch Ontario rules with the exceptions applied as listed in this document. Further variations to these rules are allowed provided that team captains agree prior to the start of each game. If there is no agreement, there is no variation.

RULES & REGULATIONS:

Diamond Layout:

- The distance between bases shall be 65 feet.
- The pitchers mound shall be 35 feet from home plate.
- A dead ball line shall be used, drawn as an arc at 20 feet from home plate on the first base line to 20 feet from home plate on the third base line.
- A commitment line shall be used, drawn perpendicular to the 3rd base line to the dug-out fence at 20 feet from home plate.
- A "Safe Line" shall also be used. It is a line parallel to the first base line from the front most edge of home plate to the backstop.
- First base will be equipped with a safety bag. The white portion shall be in fair territory and the orange part in foul territory.
- Bases must be properly secured in position with pegs attached to the base straps and driven safely in ground.

Equipment:

- Players must wear athletic shoes on the field at all times. Open toe, steel or hard plastic cleats are prohibited. Rubber baseball cleats approved for use in softball are permitted.
- Players may not wear jewelry during playoff games. Medic Alert bracelets are accepted.
- All players must use a baseball glove.
- Players may provide their own bats, approved for softball use. Please see <http://www.slopitch.info/library/approvedbats.htm> for a list of approved bats.
- Cracked or damaged bats are not permitted and bat handles must have taped or rubber grips.
- League shirts must be worn at each game. Shirts MUST NOT be altered in any way. This includes cutting, taping, writing on or any other alterations. Players altering their shirts will be unable to play until a replacement is purchased (at their own expense).
- All game balls are supplied by the league and distributed to the captains at the beginning of the season.
- One set of league bats must be kept with each set of bases. There are five sets of bases and five sets of bats for the B.A.S.L. league.
- PITCHING SCREENS
 - Pitching screens are mandatory in all games.
- **Helmets and facemasks are provided for the protection of all players and umpires. Players are encouraged to use this equipment when batting, pitching or umpiring.**

3-PITCH PLAYING FORMAT & BALL PARK RESTRICTIONS:

- NUMBER OF TEAMS: The B.A.S.L. Inc. 3-Pitch League consists of eight teams.
- ROSTER SIZE: Team rosters shall consist of 16 players.
- AGE RESTRICTION: The B.A.S.L. Inc. minimum age restriction is 21 years.
- MAXIMUM NUMBER OF PLAYERS ON THE FIELD: Shall be 10, five outfielders and five infielders.
- MINIMUM NUMBER OF PLAYERS ON THE FIELD: Shall be eight. A team fielding less than eight (8) players shall forfeit the game.
- ROSTER QUALIFICATIONS: All players must be registered B.A.S.L. Inc. members.
- LOANING PLAYERS:
 - The B.A.S.L. league encourages avoidance of forfeited games.
 - During regular season play only, any team may, (and is encouraged to) loan players to another team in order to avoid a forfeit.
 - Only enough players needed to avoid a forfeit may be borrowed.
 - Borrowed players must remain on the team roster until the end of the game and must play a minimum of three innings.
 - **Players may not be loaned to other teams during the playoff games.**
- PLAYOFF QUALIFICATIONS: All players must participate in at least seven, (7) of the fourteen regular season games, (for mid-season replacement players, ½ of the games remaining at the time of signing), in order to be eligible to play in the playoff games.
 - Players injured during the season or special circumstance players are exempt for their absence only if their injury prevents them from attending the ballpark each week and assisting the team in some other capacity.
- PREGNANCY RESTRICTION: Pregnant players are prohibited from playing, as per City of Burlington safety regulations.
- ALCOHOL: Alcohol and other intoxicants are strictly prohibited at City Parks. Players who are in possession of alcohol at City Parks or who are suspected of intoxication will be ejected from the game and asked to leave the park.
- UMPIRES: Regular season games will be self-umpired. The batting and fielding teams will umpire each inning as follows:
 - Each inning, the batting team provides a plate umpire, first & third base coach.
 - The 1st base coach will umpire 1st base.
 - The 3rd base coach will umpire third base.
 - The plate umpire will umpire everything else.
- MAXIMUM GENDER RULE: **A maximum of six (6) players of either gender is allowed in the field during inning play.**
- PLAY MINIMUM OF THREE INNINGS: Players listed on the game roster must participate for at least three complete innings.
- LATE ARRIVALS & EARLY DEPARTURES:
 - Late arrivals may be added at any time prior to the beginning of the 4th (fourth inning), but must be inserted as close to the bottom of the order as possible so as not to affect the maximum two consecutive gender batting order.
 - If players depart early or are injured during play, their place in the batting order shall be skipped unless this affects the maximum two consecutive gender order. If this happens, the team captain shall make the least adjustment possible to their batting order to compensate.
- MERCY RULE: There shall be a maximum of seven (7) runs per inning per team except the last inning, which shall be unlimited.
- STANDINGS:
 - Regular season play will determine final team ranking leading into the playoffs.
 - Teams will be awarded two points per win, one point per tie and zero points per loss.
 - Teams which forfeit will have two penalty points deducted from their standings.
 - The home team is responsible to report the game results to the league convener at the end of each game.

- Team captains are responsible to track their team's score during each game in the league provided scorebook. All scorebooks must be turned into the league convener at the end of regular season play.
- RANKING TIES:
 - Ranking ties at the end of the regular season shall be broken:
 - I. First by the team who has the greatest number of wins.
 - II. Second by which team won in the last game where the same two teams competed against each other, (ie: head-to-head results) if two way tie.
 - III. Third, if necessary, by which team won in the game prior to the most recent game where the same two teams competed against each other.
 - IV. Fourth, if still necessary, by random selection of straws between the tied teams. Longest straw moves ahead in the standings.
- OUT OF PLAY:
- BOUNDARIES: Out-of-Play boundaries are to be communicated between both team captains prior to game start.

PLAYING TIMES, GAME DURATION & CANCELLATIONS:

- START TIMES & GAME TIME LIMITS:
 - Regular season games will start promptly at the scheduled start time.
 - All regular season games will consist of seven innings – Win, Lose or Tie.
 - The bottom of the 7th inning is played only if the visiting team is leading. Play stops at three outs or as soon as the home team scores the winning run.
 - TIME LIMIT: This rule applies to games on Brant Hill Diamond C and SUPER WEEKEND games only.
 - A new inning may not begin one hour & 20 minutes past the **scheduled** start time.
 - There is no time limit on games at any other diamond.
- INCLEMENT WEATHER & CANCELLATIONS:
 - Play is to be stopped upon sight of lightning. The game may resume once the storm has passed if time & light permits.
 - Rain delayed games may not extend into a following game time slot. (Example: Brant Hill Diamond C and SUPER WEEKEND games). In these cases, four complete innings constitutes a full game.
 - Game cancellations due to inclement weather must be decided at the park unless cancellation is called by the league convener at least 2 hours prior to game time.
 - Team captains are responsible to notify their players of any cancellations or rescheduled games.
 - Rescheduled games must be arranged between the home team captain and the league convener.
 - In the event a game in progress is called due to rain, games are considered complete after four full innings.
 - Rescheduled games for reasons other than inclement weather must be pre-arranged with the league convener and agreed to by team captains at least two weeks prior to the scheduled game night.
- FORFEITS:
 - A game forfeit may be declared by the team captain at 15 minutes past the scheduled start time if the opposing team cannot field a minimum of eight players.
 - During regular season play, teams are encouraged to avoid a forfeited game by loaning or borrowing players from another B.A.S.L. team where appropriate.
 - Teams who forfeit a game shall be deducted two (2) points from their standings. The winning team shall be awarded the win and two (2) standing points.
 - **Players may not be loaned or borrowed during the playoff games.**

BATTING RULES:

- **THREE PITCH MAXIMUM:** Each batter is allowed only three consecutive pitches, regardless of quality.
- **FOUL OUTS:** Batters who foul the third pitch will be called out.
- **DEAD BALL:**
 - Balls hit into the dead ball area are considered strikes, even on the third pitch.
 - Balls hit into the dead ball area on the third pitch render the batter out.
 - Balls that land in fair territory but roll untouched into the dead ball area or come to rest in the trench marking the dead ball area are considered to be in the dead ball area. This constitutes a strike against the batter. Batter is out if third pitch.
 - A ball touched in this area by a defending player is a dead-ball. It does not matter whether or not a ball is moving. If the dead ball is the 3rd pitch, the batter is out.
 - A ball caught in the dead ball area is a live ball. Runners may advance at their own risk.
- **PARTIAL SWINGS:** Partial swings are not allowed. The batter shall be called out.
- **PITCHING SCREENS**
 - A batted ball that hits the screen counts as one strike (dead ball).
 - Batters are out if the ball contacts the screen on the third pitch.
- **HIT PITCHER RULE:** Batted balls that hit the pitcher are counted as a strike against the batter. **Occurrences on the third pitch, the batter is out.** The ball is considered dead in all cases. Please see Pitching Screen section above.
- **SCORING:** To score, any part of the player's foot must touch the ground past the home plate safe line before the catcher has solid possession of the ball and touches home plate.
- **TWO CONSECUTIVE GENDER RULE:** No more than two players of the same gender may bat consecutively, including the wrap around at the bottom of the order. The penalty is an automatic out each time a player out of sequence comes up to bat, regardless of how many players are out of sequence.
 - To avoid this violation, captains will be permitted to exercise the following batting rotation:
 - Create an independent batting order only of the gender that is short, (example: list of female batters in their specific batting order).
 - On the game sheet batting order, after every two appearances of the names of the opposite gender, (example: the male names), enter a placeholder for the independent list created.
 - Throughout the game, apply the batting order of the independent list to the placeholders on the game sheet as they come up. This will create a fair batting rotation amongst each gender AND prevent the two gender rule from ever being violated.
- **HOME RUN RESTRICTION:** A maximum of four home runs per game may be hit by either team. Once the home run limit per team is reached, additional home runs will be awarded a single. Any runners on base may advance only one base. See home run definition below.
- **HOME RUN DEFINITION:** A home run for the purpose of the restriction rule shall be defined as follows:
 - For parks with fences, a home run is a hit "over the fence" only. In the park home runs are unrestricted and do not count as part of the home run total.
 - For diamonds without fences, (ie: Brant Hills – Diamond A), any and all home runs are considered and are restricted to four per team per game.
- **GROUND RULE DOUBLE:**
 - A batter may advance to second base only if his/her ball travels under or bounces over an outfield fence.

PITCHING RULES:

- The batting team provides its own pitcher.
- **PITCHING FORMAT & DISTANCE:**
 - Pitchers must pitch from the pitcher's mound marked at 35 feet from home plate.
 - Pitches are to be underhand only.
 - Fastball or "windmill" pitches are not permitted.
 - Each batter is allowed three consecutive pitches only, regardless of quality.
- **PITCHER OBLIGATIONS:**
 - The pitcher must remain on the field and in play until the play is considered stopped. If a pitcher leaves the diamond before the play is stopped, all base runners will be returned to the base they were on at the time the pitcher left the diamond.
 - Baseballs must be returned to the pitcher to consider play stopped. Pitchers must field balls returned to them by an infielder, otherwise all runners must return back to the previous bag at the time of the infield throw.
 - Only infielders may return the ball to the pitcher. The pitcher is not obligated to recover a ball returned by an outfielder and the ball is still considered "still in play".
- **PITCHING SCREENS**
 - Pitching screens must be positioned facing home plate within 6'ft from the pitchers mound between the pitcher's mound and home plate.
 - Pitchers are NOT PERMITTED to pivot the screen before a pitch. They may reposition the screen either closer or farther away from home plate to suit their
 - Pitchers are encouraged to pivot the screen 90 degrees at any time AFTER THE PITCH to avoid interference with a play.
- **HIT PITCHER RULE:** Batted balls that hit the pitcher are counted as a strike against the batter. Occurrences on the third pitch, the batter is out. The ball is considered dead in all cases. See Pitching Screen above.
- **PITCHER OBLIGATIONS:**
 - The pitcher must remain on the field and in play until the play is considered stopped. If a pitcher leaves the diamond before the play is stopped, all base runners will be returned to the base they were on at the time the pitcher left the diamond.
 - Baseballs must be returned to the pitcher to consider play stopped. Pitchers must field balls returned to them by an infielder, otherwise all runners must return back to the previous bag at the time of the infield throw.
 - Only infielders may return the ball to the pitcher. The pitcher is not obligated to recover a ball returned by an outfielder and the ball is still considered "still in play".

BASE RUNNING RULES:

- The following activity is prohibited and will result in offenders being called out:
 - No sliding into any base at any time. Diving or sliding back to return to an overrun base is accepted.
 - No base stealing.
 - No bunting or partial swings.
 - No leaving the base until the bat makes contact with the ball.
 - No re-crossing the commitment line between 3rd and home plate.
 - Runners may not touch home plate.
 - No throwing the bat.
- **INTERFERENCE:**
 - Obstruction of the base path by a defending player or any contact between a runner and a defending player is prohibited except under the following conditions.
- **BASE LINE RULE:** Runners who run beyond three feet on either side of the base line to intentionally dodge a play will be called out. Rounding base is accepted.
 - **RUNNER INTERFERENCE:**
 - Runners who interfere with a defending player making a defensive play shall be called out. This includes physical and verbal interference including yelling.

- Defending players who are not fielding a ball or making a play and who interfere with a runner, the runner shall be awarded one base.
- HOME PLATE TAGS: Tags at home plate are prohibited. Players who are tagged at home plate will be considered safe.
- SAFETY BAG RULE: Runners must always use the safety bag, (orange) at 1st base if there is an obvious play at 1st base, (example: infield ground ball). Players who fail to use the orange bag in this case will be called out. If there is no play at 1st base, either bag, (white or orange) may be used.
- OVER RUNNING FIRST BASE: Runners who run through 1st base must move into foul territory, (to the right) or they will be considered still in play and may be tagged out as they return to 1st base.
- INJURED RUNNERS:
 - Players who declare they require a substitute runner may not proceed past first base for the remainder of the game.
 - The requirement for a substitution runner must be disclosed to the opposing team captain before the game starts, unless resulting from an injury during the game.
 - Substitute runners must be the last player called out of the same gender.

FIELDING RULES:

- CATCHER: The fielding team provides its own catcher.
- MINIMUM FIELDERS: The fielding team must provide 5 infielders and 5 outfielders. The minimum a team may play with is eight players.
- ENCROACHMENT: Infielders must remain behind all base lines until the ball is hit.
- INFIELD FLY RULE: The infield fly rule **IS NOT** in effect.
- PLAYS AT FIRST BASE: The first baseman cannot make plays on the safety bag, (orange). Runners will be considered safe. First base position **MAY NOT** stand on first base or on the first base line **IF THERE IS NO PLAY AT FIRST BASE**. This is runner interference, (and is extremely unsafe). If a collision results, the runner shall be awarded one base.
- DEFENDING PLAYER INTERFERENCE:
 - Interference with a runner by a defending team player will result in an awarded base to the runner **UNLESS** the defending player is fielding the ball.
 - Defending players who are fielding the ball own the base path and runners must yield to the defending player.
- POSITION CHANGES: Are prohibited during an inning. A “no pitch” will be declared and play will return to where it was prior to the infraction. Players must maintain their same defensive position throughout the inning unless:
 - Injury occurs during a play and the player must be removed or relocated to another fielding position.
 - A defensive player must leave the game during an inning for other legitimate reasons.
- BASE AWARDS:
 - Runners on base will be awarded the base they are traveling to **PLUS ONE** for balls caught and run out or thrown out of play by the outfielders.
 - Runners on base will be awarded the base they are traveling to **only** for balls caught and run out or thrown out of play by an infielder.
 - Runners standing on the base when the ball is run or thrown out of play will be awarded **ONE BASE** only.
- FAKE TAGS: Fake tags are prohibited. All runners will be awarded an extra base.
- FOUL TIPS: Foul tips caught by the catcher must reach a height of at least 6 feet in order to call the batter out, unless they occur on the 3rd pitch.

- PITCHING SCREENS
 - A ball that hits the screen through incidental contact at any time immediately stops the play.
 - Runners in progress must return to the bag they just departed.
 - This includes runners who have passed the commitment line but have not yet passed the scoring line. They MUST return to third base.
 - Intentional contact of the ball with the screen IS NOT PERMITTED.
 - PENALTY: Play stops immediately. All runners advance one base.

DISPUTES & APPEALS:

- SETTLEMENT: Disputes must be settled amicably between team captains.
- WRITTEN: Appeals must be presented in writing within 5 days of the game date and be accompanied by a non-refundable appeal fee of \$50.
- QUALIFIERS: Only appeals that could affect the outcome of the game will be heard by the B.A.S.L. governing body. (ie: all captains and convener).
- DECISIONS: Appeal decisions will be by majority vote of the team captains, excluding the captains involved in the appeal.
- CONVENER'S ROLE IN DISPUTES:
 - The convener's approval is required to sanction any recommended solutions.
 - The convener's vote will only be required to break any appeal voting ties.

PLAYER MISCONDUCT:

- UNACCEPTABLE BEHAVIOR:
 - Excessive swearing, fighting, intoxication, unruly or confrontational behavior is prohibited. Players may be ejected from the game by the team captains or umpires for exhibiting these behaviors.
 - All cases of player misconduct will be brought before the B.A.S.L. governing body, (ie: league captain's and convener) for further assessment.
- YELLOW CARD ASSESSMENT:
 - First occurrence of player misconduct may result in a "Yellow Card" status assessed to the offending player by the league governing body.
 - This status will remain with the player until the season ends.
- RED CARD ASSESSMENT:
 - Players assessed with a "Red Card" status will be immediately ejected from the league.
 - Red Card status will be granted upon the following infractions:
 - Second occurrence of player misconduct from a Yellow Carded player.
 - Fighting or any other extreme circumstances.
 - Red Carded players are banned from the league for a period of 2 years.
 - No refunds will be granted to ejected players.